University Senate Athletic Committee

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Paul Buskirk, Associate Athletics Director, Student Athlete Support Service
Susan Williams, Chemical & Petroleum Engineering, Faculty Athletic Representative to the NCAA

“Specific Charge #3. Engage in communications with the athletic department and report on measures being taken regarding sexual assault, sexual and other harassments. Report to SenEx by December 1, 2016.”

Debbie Van Saun, Senior Associate Athletics Director and Senior Woman Administrator at Kansas Athletics, and Jen Brockman, KU’s Director of the Sexual Assault Prevention & Education Center (SAPEC), met with the University Senate Athletic Committee to discuss how KAI is dealing with sexual assault and sexual harassment issues. Van Saun and Brockman have been holding training and education opportunities for both Kansas Athletics staff as well as KU student-athletes over the past year. Below is a list of training and educational information sessions that have been provided for staff and athletes.

Kansas Athletics Staff*

- Trauma Informed Response for Professionals – SAPEC (2 hours, June/July, 2016)
- Advocacy 101 – SAPEC (online 30 minutes, November, 2016)
- College Based Sex Offender Typologies and Red Flag Behavior Indicators – SAPEC (2.5 hours September, 2016)
- Sexual Assault Awareness and KU Policy – SAPEC (1.5 hours TBD)
- Bringing in the Bystander – SAPEC (1.5 hours TBD)
- Resources for Sexual & Intimate Partner Violence provided to KAI staff – SAPEC (fall 2016)

KU Student-Athletes

- Sexual Assault Prevention Training Camp – SAPEC (spring/summer, fall, 2016)
- Red Shirt Track and/or Starter Track (page 2) – SAPEC (November 2016)
- Student-Athlete’s Guide to Drinking Responsibly – Jenny McKee (October, 2015)
- Risky Behavior and Bystander Intervention – Freshmen Leadership Academy (2 sessions annually)
- Promoting Positive Change – Emergent Leaders Retreat (summer and fall)
• **Resources for Sexual & Intimate Partner Violence** provided to all KU student-athletes and members of the cheer/dance/mascot squads – SAPEC (fall, 2016)

*KAI staff members receiving this training include sport supervisors, sport medicine staff, academic counselors, performance/nutrition coaches, head coaches, assistant coaches, and directors of operations.*

Information about the trainings was briefly discussed. For example, *Advocacy 101* is designed to educate coaches and staff on what to say and what not to say when dealing with a survivor of sexual assault. The *Resources for Sexual and Intimate Partner Violence* is a wheel chart provided by SAPEC (see Appendix A) that is given to all student-athletes visually showing them what resources are available both on and off campus regarding sexual assault and/or harassment. The wheel chart also shows what offices cannot release confidential information, which could be important to the survivor. The intention of the chart is not to substitute for training or educational sessions; rather it is an additional resource that is available to all KU students.

In addition to the sessions listed above for all student-athletes, the KU Football team participated in 20 sessions during the spring 2015 and fall 2016 semesters led by the following: Dr. Tammara Durham, Rachel Rolf, the Lawrence Police Department, KU Public Safety, KU Football Coaches, the Douglas County District Attorney, and a representative from the NFL College Relations staff. The football team participated in 6.5 hours total of training from SAPEC staff on topics such as *Drug and Alcohol-Facilitated Rape, Consent 101,* and *Healthy Relationships 101.* Even though the football team has participated in more training sessions than any other team, team members have asked Brockman to hold additional sessions. One session she is currently working on is called *How to Flirt Without Being Creepy.* This new session, requested by team members, is intended to provide student-athletes with a better understanding of why sexual assault and harassment are wrong, while addressing the different cultures, economic backgrounds, and differing views they may have. They want to know how they can still show interest in someone without crossing the line.

A KAI ad hoc Sexual Assault Prevention Task Force was formed in 2014/15 to plan and assess the effectiveness of training and education efforts for both staff and student-athletes. Members of the task force include representatives from Sports Medicine, Student-Athlete Development/Leadership, coaching staff and administration. Sport team training sessions are held throughout the academic year since teams are in competition at different times. Van Saun and Brockman gave a brief explanation about the effectiveness, and the importance of each session, and the outcomes.

The first session for coaches and staff is called *Training Camp.* After the training camp, coaches then choose either the “Red Shirt” track or the “Starter” track, which they have a full academic year to complete. The “Red Shirt” track is a shorter overview of sexual assault awareness and policy, and the “Starter” track is intended to be more comprehensive. Below you will find the complete multi-training sessions and tracks.
Training session #1

EXAMPLE: COACH’S CHOICE

TRAINING CAMP
Sexual Assault Awareness and Policy

RED SHIRT
Shorter Track

STARTER
Comprehensive

Option #1

EXAMPLE: RED SHIRT

Training Camp ➔ Healthy Relationships 101 ➔ Bringing in the Bystander

Consent 101

Option #2

EXAMPLE: STARTER TRACK

Training Camp ➔ Healthy Relationships 101 ➔ Drug and Alcohol Facilitated Rape ➔ Bringing in the Bystander

Consent 101 ➔ Intimate Partner Violence
Additionally, SAPEC is currently participating in two national programs. First, The Heartland Sexual Assault Policies & Prevention on Campuses Project is a grant recently awarded to nine universities, The University of Kansas being one of the nine. The primary goal of this project is to increase post-secondary schools’ adoption of a comprehensive, gender-centered public health approach to sexual assault campus policy and prevention. The second program is The Kentucky Research Foundation program, funded by the Centers for Disease Control (CDC), to research the effectiveness of the bystander. KU has created a prevention workshop called Bringing in the Bystander that teaches participants about what a bystander is, what to do if you are bystander in a situation, and how a bystander can make a difference. At the end of the workshop, participants can voluntarily take a post-test assessment. The data collected from the assessment is then sent to Kentucky for their program to evaluate to ensure that what we are doing at KU has data supporting it. Outside of academic research being done at KU, SAPEC’s evaluation programming and curriculum are more than any other programs on campus.

Van Saun and Brockman, along with the aforementioned ad hoc task force, are working on new approaches and assessing what works best for student-athletes and coaches. They have also been working with Merrill Evans, CARE (Campus Assistance, Resources, and Education) Coordinator and a member of the ad hoc task force, whose primary role is to coordinate support for individuals impacted by sexual violence including incidents of sexual assault, sexual battery, partner violence, dating violence, and stalking. The committee suggested seeing how Greek life has recently approached sexual assault and harassment.

The Student Athlete Advisory Committee (SAAC) is working on a student-athlete-led initiative modeled after what the men of IFC and women of Panhellenic have recently been working on to address sexual assault. Conversations among student athletes and KU Leads staff have recently started, and SAAC is hoping to begin training advocates for each team by the end of the school year.
Appendix A

Resources for Sexual & Intimate Partner Violence

Medical
- Survivors are highly encouraged to seek confidential medical care after any assault.
- Evidence collection by a Sexual Assault Nurse Examiner (SANE) is available up to 120 hours after a sexual assault at no cost to the survivor.
- Preventative medication for sexually transmitted infections and/or pregnancy is available.
- Evidence can be collected without reporting and is stored for five years.

Education & Prevention
- Educational presentations and trainings for students, faculty, and staff on a variety of topics related to sexual assault and intimate partner violence are available at no cost:
  - Drug and Alcohol Facilitated Rape
  - Rape Culture
  - Bringing in the Bystander
  - Dynamics of Intimate Partner Violence
  - Neurobiology of Trauma
  - Trauma Informed Responses for Professionals

Reporting & Safety
- All students affected by sexual or intimate partner violence are encouraged to file reports.
- Police: Students have the option to provide a criminal or informal police only report.
- KSA: Students have the option to report and/or participate in a voluntary internal campus investigation. KSA also provides interim measures for students (academic assistance, escorts, housing relocation) without a formal investigation.

Counseling & Advocacy
- Care Coordinator: Provides confidential and free individualized support for all students affected by sexual and domestic violence and assistance navigating campus and community resources.
- Community Advocacy: Off campus confidential resources including therapy, advocacy and safe shelters are available through the Care Center (Sexual Assault) and the Willow (Intimate Partner Violence).
- Counseling: No and low cost therapeutic resources for both acute and historical assault are available on and off campus.

Provided by Watkins Health Services, Sexual Assault Prevention & Education Center and Student Affairs.